

## Using Weenees: Tips and Benefits

Weenees Disposable Pads are the perfect alternative for families who want to use an Environmentally friendly nappy that won't confine them to the laundry.

Weenees have the convenience of a standard disposable nappy while being 100% compostable. **They are easy to use and easy to dispose of.**

Weenees are a bit different to a normal disposable, in that they work as a two part system (pads and pants), so we've provided some tips to help you optimise their use.

**Switching from cloth nappies** will give you many immediate benefits:

- significantly *less laundry*
- if using pilchers; less leaks, less nappy rash, less fiddling at changetime for there are no safety pins or fasteners
- either the economical option of *continuing to use your cloth nappies* with the outer pant, or swapping to disposable pads. Some people prefer to use Weenees Disposable Pads for going out, and use cloth nappies at home. The New Eenee Microfiber cloth nappies are superabsorbent and quick drying providing a great eco friendly reusable nappy option.

**Switching from "plastic disposables"** will mean several differences:

- a more *hygienic and greener way of disposing* of dirty nappies. Soiled Weenees Disposable Pads can be torn and flushed down the toilet; wet pads may be *flushed, or composted* into valuable mulch.
- no rubbish bins full of dirty nappies (some States prohibit dirty nappies in bins)
- a two-part system: the plastic and pulp of standard "plastic disposables" are completely bound together as a baffle system. This has the advantage of being very efficient at absorbing and containing babies' wastes, however it has a significant disadvantage: **"plastic disposables" take decades or even centuries to breakdown!** Weenees Disposable Pads contain no plastic, enabling the pulp to be 'recycled' and the outer pants to be reused. With practice you can achieve disposable effectiveness without the environmental devastation.

## Starting from fresh

If you are in the process of deciding which type of nappy to use, or are looking to change your nappy choice, rest assured you are not compromising by choosing Weenees. Weenees will afford you the quality of life of a disposable, while being a sustainable choice for your child's future environment.

## Newborns

During the first few weeks of life, a baby's legs can be quite underdeveloped. Even the newborn size Weenees Pouch pant may still be too large. We suggest starting with a Weenee Pouch Snibb and small disposable Weenees pads for convenience, or our Eenee Microfiber cloth nappies as a reusable option. A *Pouch Snibb* works as a tie on pilcher, and can be very helpful in these early weeks by providing a snug fit to help prevent leakage. If you want to use trangle folded cotton cloth nappies, use the Eenee Snibb which is a T shaped tie on pilcher and provides coverage for the bigger large sized cloth nappies.

## Washing

To prevent the Velcro type tabs attaching to other garments in the wash, join the entire length of the Velcro type tabs to the back of the pants. If you accidentally wash a disposable pad, put an empty rinse load through the machine and shake clothes out over the garden.

## Flushing

As Weenees pads contain no plastic, they can be flushed down most standard toilets.

A few helpful tips:

- Don't try to flush down tree infested or faulty plumbing
- use the full flush rather than the half flush button.
- tear the pad into at least two lengthwise strips. If you rip down both long edges of the pad and shake a little, most of the pulp will fall out of the body of the pad into the toilet.
- use the toilet brush to stir and separate the pad, even while the toilet is flushing.
- if a lot of pulp is left inside the casing it may be too bulky to flush properly, especially when saturated with water. If a bulky pad clogs the toilet, generate suction by plunging the toilet brush in and out of the water several times. This should shift most clogs.

## Septic Systems

Some systems may not deal with all of your child's nappies over a 24-hour period. Wet pads are better composted (don't waste them), and hygienically flush just the soiled pads to reduce the over all load on septic systems.

## Composting (zero waste)

Weenees can make your child's wastes a positive contribution to the environment. The pads break down quickly in standard compost systems and are worm safe. It is not recommended that soiled pads be composted as faecal matter can sometimes contain infectious bacteria.

Generally the best ratio for composting is two-thirds 'browns' carbon matter, in this case Weenees pads, newspaper, paper products, shredded leaves, bark or straw, and one-thirds 'greens' nitrogen matter, for instance grass and soft food wastes. When composting Weenees remember that they are usually wet, and your compost may need less water than normal.

Pads will **completely** compost in one compost cycle. This can take from 50 to 150 days depending on the conditions of your compost. They are also suitable for worm composting, composting toilets or simple soil burial if out bush walking.

## Traditional Triangle Fold Cloth nappy option

For those dedicated to cloth and pin nappy systems, try Eenee Soft Waterproof Baby Pants. They do not crack and split like the plastic variety, and are breathable and long lasting.

## Suggestions or Questions?

If you have a helpful tip to offer, or you need further help with our products, please feel free to contact us. Free call 1800 336 331 or visit our website at:-

[www.eenee.com](http://www.eenee.com)

Happy Greener Parenting !

